

EQUIVALENCIES

LIQUID:

3 tsp. = 1 Tbsp.
1 Tbsp. = 1/2 oz.
2 Tbsp. = 1 oz. = 1/8 c.
4 Tbsp. = 2 oz. = 1/4 c.
1/2 c. = 4 oz.
3/4 c. = 6 oz.
1 c. = 8 oz. = 1/2 pint
2 c. = 16 oz. = 1 pint
4 c. = 32 oz. = 1 quart
8 c. = 64 oz. = 2 quarts = 1/2 gallon
16 c. = 128 oz. = 4 quarts = 1 gallon

DRY:

1/4 lb. = 4 oz.
1/2 lb. = 8 oz.
3/4 lb. = 12 oz.
1 lb. = 16 oz.
1 1/2 lb. = 24 oz.
2 lb. = 32 oz.
2 1/2 lb. = 40 oz.
3 lb. = 48 oz.
4 lb. = 64 oz.
5 lb. = 80 oz.

FLOUR:

1 lb. = 3 1/3 c.
5 lb. = 17 c.

SUGAR:

1 lb. = 2 1/4 c.
5 lb. = 11 1/4 c. = 567 tsp.

BUTTER:

1/4 c. = 1/2 stick = 2 oz.
1/2 c. = 1 stick = 4 oz.
1 c. = 2 sticks = 8 oz.
2 c. = 4 sticks = 1 lb.

CHEESE:

1/4 lb. = 1 c. shredded
1 lb. = 4 c. shredded